

Equipping For Life

Developing Spiritual Habits is one part of following Jesus for life.

By using the S.O.A.P. acronym you will know what Scripture to read, make some Observations about it, learn to Apply what you read to your life and give you a Pray point.

Along with S.O.A.P. memorizing one scripture a week will help you make Gods word's apart of your life.

S 2 Chronicles 13

O What did God tell the people of Judah to do? Who won in this battle?

War broke out between Judah led by Abijah and Israel led by Jeroboam. Abijah and the people of Judah obeyed God's laws and requirements, but the people of Israel did not. Jeroboam surrounded Judah, thinking they would defeat Abijah; however Abijah cried out to God and God delivered Abijah and Judah. How is God's favor demonstrated on the ones who are faithful to Him? What can you do to be faithful to God?

A

Day 1

P God, help me in times where my faith is being put to the test to have Your strength to remain faithful.

Bible Memory

Run from sexual sin! No other sin so clearly affects the body as this one does. For sexual immorality is a sin against your own body. (1 Corinthians 6:18)

S 1 Kings 15

O Who was the successor after King Abijah?

Asa succeeded King Abijah and did a lot of good things in the beginning of his reign and was especially faithful to God. However, during the end of his reign he failed to trust God and made a treaty with a foreign nation and wicked people (Ben-Hadad, King of Aram). Even though Asa's plan seemed to work, God didn't approve--the end doesn't justify the means. What can you do to make sure you seek God's guidance first before you act?

A

Day 2

P God, I ask that my trust and faith would not be based on the circumstances in my life. I desire to follow You in good times and in bad. Help me to turn to You first and foremost.

Bible Memory

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S 1 Kings 16

O Name the kings listed in this chapter.

What did you notice about the kings listed in this chapter? Did any obey God? Was there peace in Israel? Turmoil, evil, and division occur when those in leadership do not trust in God and do not follow Him. What kind of leader do you want to follow? List the qualities of a good, godly leader and ask The Lord to help you develop those character traits. He may call on you one day to lead others.

A

Day 3

P Lord, I ask that no matter what position I am in, that I could be an example that would positively influence others around me.

Bible Memory

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S 1 Kings 17

O After the widow told Elijah that she did not have enough bread in verse 12, how did Elijah respond to her?

Elijah had all his needs taken care of miraculously by God. Jesus tells us to not worry about our needs in Matthew 6:25. Elijah had faith that God would provide his needs because Elijah had experienced God's provision before. How can remembering what God has done for you, help you to be able to trust and obey Him for all of your needs?

A

Day 4

P Father, I thank you that You provide every need for those who completely trust in You. I pray that You would keep me from being afraid to trust in You with my daily needs

Bible Memory

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S 1 Kings 18

O What was the major challenge that Elijah made to his people in verse 21?

Elijah was a man of courage, boldness and faith. In his challenge to the prophets of Baal to prove that Jehovah existed, Elijah prayed and God consumed the sacrifice. Then Elijah prayed for rain. He kept instructing his servant to watch the sky for rain and 7 times told the servant to keep watching. He never gave up. Elijah's greatest strength was his persistence in prayer. Challenge yourself this week to pray a bold prayer over your life. And challenge yourself to be persistent as well.

A

Day 5

P Father, I ask that you give me a bold, radical, life-changing prayer life and I pray that I live daily worshipping You and You alone.

Bible Memory

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S 1 Kings 19

O What was the cause of Elijah's depression?

Elijah went from a high point of winning a contest with the prophets of Baal to the low point of depression. In this time, God ministers to Elijah and sent him to anoint 2 new kings (Hazeal of Aram and Jehu of Israel), and his successor, Elisha. God knew Elijah needed to get his mind off of himself and onto others. One of the best ways to overcome a low point in your life is to serve others. Are you or someone you know at a low point? If yes, what can you do to help someone or who can you encourage to help them serve someone?

A

Day 6

P Lord, I pray that during low times in my life that You would snap me out of it by reminding me to help someone else instead of focusing on myself.

Bible Memory

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S 1 Kings 20

O Why did God choose to deliver the Israelite army a second time in the plains?

God provided for Ahab to be victorious twice, but Ahab did not listen to God and spared Ben-Hadad's life. Because of that disobedience, Ahab would have to die instead. Can you think of a time when God has helped you but you still wouldn't listen to Him? What could you do differently next time?

A

Day 7

P Lord, thank You for providing for me. Give me the strength to obey You in every way

Bible Memory

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