

Equipping For Life

Developing Spiritual Habits is one part of following Jesus for life.

By using the S.O.A.P. acronym you will know what Scripture to read, make some Observations about it, learn to Apply what you read to your life and give you a Pray point.

Along with S.O.A.P. memorizing one scripture a week will help you make Gods word's apart of your life.

S Psalm 18

O What does verse 30 tell us about God?

David was anointed king and he was a mighty warrior. Some people think only those who are weak need God, but David shows us otherwise. God will protect us when we go through troubles, and then He strengthens, and guides us in order to help us live for Him. God did not leave you powerless. How can memorizing God's word and knowing God's instructions make you a mighty warrior?

A **Day 1**

P Thank you, Lord, that Your way is perfect and Your word is flawless. You are my shield because I take refuge in You.

Bible Memory

Acknowledge that the Lord is God! He made us, and we are his. We are his people, the sheep of his pasture.
(Psalm 100:3)

S 1 Chronicles 15:11-28

O What does verse 13 tell us about why Uzzah was killed when the ark was moved?

Today's reading gives info on how the Ark should have been moved. David learned the hard way on how important it was to follow God's directions specifically. You may not understand the reasons for the instructions your parents give you until you are older, but it is better to obey first and understand later. What instructions from your parents have you not understood, but you learned it was wise to obey? What would have happened if you didn't obey?

A **Day 2**

P Lord, there are times when I don't really understand why my parents ask me to do things. I know my parents love me and want what's best for me, like You, so I ask You to help me obey them.

Bible Memory

Acknowledge that the Lord is God! He made us, and we are his. We are his people, the sheep of his pasture.
(Psalm 100:3)

S Psalm 105

O What advice does David give to us in verse 4?

In this Psalm, David is thanking God because the Ark was now in Jerusalem and David was remembering the miracles God did for Israel in the past. David learned many things during his journey from a shepherd boy to king and he gives great advice in verse 4. How often are you to seek God? Who are you to look to? How can knowing what God has done for others help you? Make a list of how God has worked in your life. Review your list with your parents.

A **Day 3**

P 1. Lord, I will remember the miracles and wonders You have done.
2. I will look to You and Your strength. I will seek Your face always.

Bible Memory

Acknowledge that the Lord is God! He made us, and we are his. We are his people, the sheep of his pasture.
(Psalm 100:3)

S Psalm 96

O How is the writer of this Psalm praising God?

You can praise and worship God in many ways. Singing, proclaiming, declaring, telling others what God has done are just a few ways mentioned. Knowing who God is is another way to praise Him. He has done marvelous deeds and He made the heavens. He is majestic, strong, glorious, and holy. Look at the list you created yesterday and praise God for each item.

A

Day 4

- P**
1. Great is the Lord and most worthy of praise. You are to be feared above all gods.
 2. I will sing to You, Lord, and praise Your Name. I will proclaim Your salvation day after day.

Bible Memory

Acknowledge that the Lord is God! He made us, and we are his. We are his people, the sheep of his pasture. (Psalm 100:3)

S 2 Samuel 7

O What did David want to do for God?

One of David's greatest desires was to build a house for God. This was a good desire, but God said no. There may be times that you have prayed; you were sincere and had good intentions but God said no. God has something better planned and a greater purpose for you then. Trusting God during the times he says no requires as much faith as when he says yes. Don't force your desires. God is not rejecting you. Ask Him what He wants you to do instead.

A

Day 5

- P**
1. Lord, Your words are trustworthy and Your ways are better than mine.
 2. Thank you for knowing what is best for me. Enable me to trust You at all times.

Bible Memory

Acknowledge that the Lord is God! He made us, and we are his. We are his people, the sheep of his pasture. (Psalm 100:3)

S 2 Samuel 9

O How was Mephibosheth related to Saul and Jonathan?

Mephibosheth did nothing to receive David's generosity and kindness. David wanted to do this because of Jonathan. We have done nothing to deserve God's love and forgiveness, but because of what Christ did for us, we have received mercy and eternal life. Mephibosheth had to accept David's gift. We have to accept God's gift as well. Have you? Pray the prayer that follows.

A

Day 6

- P**
1. Thank you Jesus for dying on the cross for me. I have sinned and want to be clean. Thank you for Your mercy and I ask you to forgive me.
 2. I want to live for You each day. Fill me with Your Spirit.

Bible Memory

Acknowledge that the Lord is God! He made us, and we are his. We are his people, the sheep of his pasture. (Psalm 100:3)

S 2 Samuel 10

O What two things did Hanun do to shame or embarrass David's servants?

1. Hanun is an example of judging others by human standards instead of God's standards. Often we see the bad in others before we even look for the good.
2. Have you ever been misjudged or pre-judged in a negative way? Make it a point to assume the best in others and to see them the way God sees them.

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Day 7

- P**
- Lord, Give me eyes and a heart that always look for the best qualities in others.

Bible Memory

Acknowledge that the Lord is God! He made us, and we are his. We are his people, the sheep of his pasture. (Psalm 100:3)